

YOGA

LE LUNDI
DE 19H À 20H

A stylized illustration of a woman in a yoga pose, specifically a standing forward bend (Uttanasana). She is wearing a dark blue long-sleeved top and dark blue leggings. Her arms are extended upwards, and her head is tilted back. The background is a large, light pink circle. The text 'RETROUVEZ VOTRE ÉQUILIBRE' is written in a bold, dark blue, sans-serif font, with 'ÉQUILIBRE' on a new line. A horizontal line is positioned below the text.

**RETROUVEZ
VOTRE
ÉQUILIBRE**

A PARTIR DU 8 SEPTEMBRE
ECOLE ESSERT-ROMAND

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